

WEARDALE ACTION PARTNERSHIP E-BULLETIN - NOVEMBER 2023



Thank you to all of you who keep sending us the information for us to put in our e-bulletins.

Please contact a member of the team if you would like us to get any information out to the residents of Weardale on 03000 268507 or at weardaleaap@durham.gov.uk

As always, please feel free to share this information with family and friends and encourage them to add themselves to our mailing list if they find it useful.

BOARD MEETING – OBSERVERS WELCOME

The next meeting of the Weardale Action Partnership Board will take place at Eastgate Village Hall on **Thursday 30th November 2023, 6:00pm – 8:00pm.**



There is space on the agenda for members of the public to put forward any local neighbourhood issues - including policing issues - to the Board.

If there is an issue you think is important in your local area, please contact the WAP team to discuss this.

If you'd like to attend the meeting as an observer, please email weardaleaap@durham.gov.uk to register.

UPPER WEARDALE CINEMA CLUB Friday 17th November

6:00pm – HOTEL TRANSYLVANIA - TRANSFORMANIA - cert PG
7:30pm – MISSION IMPOSSIBLE – DEAD RECKONING PART ONE – cert 12



Please note: Everyone attending a film must be a Member of the Cinema – this will cost you £2 on your first visit. Cover charge: Adults £2.50, Children £2.00 every visit.

MUSCULOSKELETAL (MSK) CONDITIONS TASTER SESSIONS

Do you have an MSK condition (arthritis, Fibromyalgia)? Would you like some support?

Bitesize taster sessions will be held at Witton-le-Wear Community Centre on **Thursday evenings, 5:30-6:30pm, starting 9th November.**

Topics to be covered: Pain, Fatigue, Fibromyalgia, Managing Anxieties, Sleep

To sign up contact Cheryl on 07714 583799 or email Cheryl.barker@wittonlewear.com or Annie Crompton, Regional Officer North and Midlands, on 07483 320309 or email a.crompton@versusarthritis.org

CHRISTMAS SHOPPING COACH TRIP

Explore the Christmas Markets in York.

Saturday 18th November. Enjoy Christmas shopping without the stress of parking. The bus will set off from Witton-le-Wear Community Centre at **8:00am and leave York at 5:00pm.**

For more information and to book a ticket contact Cheryl on 07714 583799

WREATH MAKING

In Witton-le-Wear Community Centre on **Thursday 30th November at 6:00pm and Thursday 14th December at 6:00pm.**

Fancy some Festive fun! Well, come along to this very informal create your own Fresh Christmas wreath. Your wreath will be a 12 inch base and you will be able to choose from fresh materials before finishing with a ribbon of your choice.

Refreshments are included. For more information and to book a place, contact Cheryl on 07714 583799

MAKERS FAIR

Come and browse, buy or commission beautiful gifts from designer-makers:

Vicky Boase: stained glass, glass gifts

Mike Boase: native hardwood furniture

Kay Auld: hand weaving – scarves, bags

Saturday 18th and Sunday 19th November, 10:00am-4:00pm at 2 Front Street, Frosterley, DL13 2QJ

Makers' Fair

Open studio @ Frosterley

**Saturday 18th November 2023 +
Sunday 19th November 2023, 10-4pm**
** free entry **

Come and browse, buy or commission beautiful gifts from designer-makers:

Vicky Boase: stained glass, glass gifts
Mike Boase: native hardwood furniture
Kay Auld: hand weaving - scarves, bags

commissions welcome

Please bring cash as electronic payment may not be possible

Further information: 07707 861558
vickyshackle@hotmail.com

Directions:
2 Front Street, Frosterley, Weardale [A689]
Sat nav postcode: DL13 2QJ
What3words: ///download.charities.gems

WITTON-LE-WEAR VILLAGE VOICES

Witton-Le-Wear Village Voices are proud to present –

A Winter Song Fest Concert

On **Friday 19th January at 7.30 p.m.** in St. Philip & St. James Church, Witton-le-Wear.

Donations at the door, raffle and Refreshments.

Village Voices is always open to new members. We are a fun choir who meet to sing together. It doesn't matter if you can sing or not just join in, singing has been proved to make you feel happy and is good for your wellbeing.

Rehearsals are at 7.30 p.m. on Tuesdays in St. Philips & St. James Church, Witton-le-Wear.

Contact Denise Crombie 07738513965, Liz Charles, 07825211746, or Mike Whalley, 07711291001 for more information.

MOVE ACTIVITY PROGRAMME

Register and book activities online at

<https://leisurehub.durham.gov.uk/LhWeb/en/public/timetable>

Stanhope

Mondays, 10:00-11:00, **Wellbeing Walk** (60 mins), Dales Centre, Stanhope, FREE

Thursdays, 9:30-10:30, **Gentle Exercise**, Stanhope Community Centre, £3.00

Thursdays, 6:30-8:00pm, **Wellbeing Walk** (90 mins), Dales Centre, Stanhope

Wolsingham

Mondays, 4:00-5:00pm, **Walking Football**, Wolsingham Leisure Centre, £3.00

Tuesdays, 9:15-10:00am, **Seated Exercise**, Wolsingham Town Hall, £3.00

Thursdays, 11:00-11:45am, **Aquacise**, Wolsingham Leisure Centre, From £4.00

Thursdays, 10:0-10:45am, **Move easy class**, Wolsingham Leisure Centre, From £4.00

Fridays, 2:15-3:15pm, **Reading Group**, Wolsingham Library, FREE

Frosterley

Tuesdays, 10:30-11:15am, **Gentle Exercise**, Frosterley Village Hall, £3.00

St Johns Chapel

Thursdays, 11:30am-12:30pm, **Gentle Exercise**, St Johns Chapel Town Hall, £3.00

Follow on Facebook - 'Move County Durham'

GYM

St John's Chapel Town Hall

Opening times:

Mon: 10:00am – 11:00am (Private Group)
6:00pm – 7:00pm

Tues: 9:00am – 10:00am

Wed: 9:00am – 10:00am
10:00am – 11:00am (Private Group)

Fri: 2:00pm – 3:00pm

Sat: 9:00am – 10:00am

£2 per hour – instruction given on first visit.

For more information email shellyscholes@gmail.com or call 01434 345024

INDOOR CARPET BOWLS CLUB

St John's Chapel Town Hall

Every Wednesday night – 7:00pm – 9:00pm

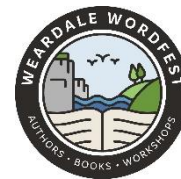
£2 to include refreshments.

Everyone welcome – come and have a go!

WEARDALE WORDFEST – DID YOU GO?

The organisers of Weardale

WordFest wish to say thank you to everyone who took part in Weardale WordFest 2023.



They report that they had a brilliant response to their programme this year, and hope that you enjoyed your experience as much as they enjoyed putting it all together.

Their aim is to keep the WordFest as a free event for the community; to do that they are dependent on grant funding and funders, as I'm sure you know, love feedback!

So, if you have a couple of minutes to send them a comment about the weekend, just a sentence or two, it will help to support future bids and be much appreciated. Email weardalewordfest@gmail.com

ENERGY SAVING ADVICE GROUP SESSIONS

Are you struggling to pay your energy bills over the winter months? Would you like advice on ways to reduce your bills? Citizens Advice County Durham provide information, advice and guidance for all.

Do you have a community group meeting that Citizens Advice can attend to provide this help and support?

Please get in touch with us, for more information or to book a group advice session please contact cliff.duff@citizensadvicecd.org.uk

LAST REMINDER TO CHECK VOTER INFORMATION

County Durham residents are being reminded for the final time to check their voter registration information or risk losing their right to vote in future elections.

As part of Durham County Council's annual electoral canvass, final reminder forms are being issued to all households which have not yet confirmed their details.

Forms were initially sent to all properties at the end of July asking people to check that the information the council holds for them is accurate. This was followed up with door-to-door enquiries and delivery of a second reminder form where necessary.

The council is now issuing one final reminder for residents to ensure they are eligible to vote in upcoming elections. These include The Police and Crime Commissioner election and a potential election for the Combined Authority Mayor in May 2024, and the next UK Parliamentary General Election, which must be held before the end of January 2025.

Anyone who has recently moved or whose details are not included on the form, can register online to vote at www.gov.uk/register-to-vote They can also contact Durham County Council's electoral services team on

03000 261 212 or email
electoralservices@durham.gov.uk

WHAT'S ON AT WESTGATE VILLAGE HALL

Westgate Village Hall has a number of events planned over the coming weeks and months. From coffee mornings to bingo, Youth club to Wine Discovery there's surely something for everyone.

A full list of events at Westgate can be found at
<https://www.westgate-village-hall.co.uk/events>

FREE EMOTIONAL & PSYCHOLOGICAL SUPPORT

Did you know UTASS offers free emotional and psychological support for people who live in Teesdale & Weardale?

Their experienced team are qualified to provide talking therapies for people whose well-being has been affected by illness, caring responsibilities, relationship issues, bereavement, depression or anxiety.

To make a confidential initial appointment you can phone UTASS on 018833 641010 or call: June Wainwright 0749 3744 336 Melanie Lee 0740 7514 521 Gladys Mugambi 07340 857 947

CITIZEN'S ADVICE – HELP TO CLAIM SERVICE

Help to Claim can help you with your Universal Credit application. It's free, independent and confidential. Every year, dedicated advisers help thousands of people get the help they're entitled to.

What we can help with:

- Find out if you're eligible for payments
- Fill in your application
- Prepare for your first JobCentre appointment
- Check your first payment is correct

Applying for Universal Credit

You can apply online, or in some special circumstances over the phone or from home.

What you'll need

To start the application, you'll need details of your:

- Housing
- Income and savings
- Childcare situation
- Other benefits, if you get any

You can find out more about what you'll need at each stage of your claim here:

www.citizensadvice.org.uk/StartingYourClaim

WEARDALE RURAL TRAINING

Thanks to funding from the Weardale Action Partnership, Weardale Rural Training is available for those living and/or working in Weardale.

Full details are available on UTASS's Training Events page <https://utass.org/training-events/>. For further information, contact Julia Stephenson - phone 01833 641010, or email julia@utass.org

Future training includes:

Emergency First Aid at Work spaces are available for the course running in UTASS on Friday 24th November (£75 + VAT)

Lantra Rough Terrain Telescopic 2 day training, followed by assessment, is planned to be held shortly.

Northumbria Dry Stone Walling Association Tasters are planned for 8 June & 20 July '24 (£40)

WELLBEING FOR LIFE TRAINING - FREE

Wellbeing for Life has a variety of fully subsidised training opportunities which are available to anyone living or working in County Durham.

To see what's on offer and book your training, visit:
<https://www.wellbeingforlife.net/training-courses/>

CONSULTATIONS

There are several consultations currently live on Durham County Council's website.

To have your say and to find out more information on all current consultations visit: [Consultations 2023 - Durham County Council](#)

FUN AND FOOD – APPLICATIONS WELCOME

Applications are welcome for delivery of Fun & Food Christmas Holiday 2023 activities.

The scheme aims to support local community groups and organisations based in the Weardale Action Partnership area to deliver enriching holiday activities during the Christmas school holiday period.

Applicants can apply for amounts of £500 and above, limited to one per organisation. Activity must take place during the school holidays. Applicants must provide a healthy meal as part of the activity.

We want to try and ensure there is a range of activities across the AAP area.

You can get in touch to discuss potential projects or request application forms by calling 03000 268666 or email weardaleaap@durham.gov.uk

All fully completed applications and supporting documents must be received by 12 noon on Wednesday 15th November 2023

FIND FUNDING FOR YOUR COMMUNITY GROUP

There are hundreds of funding schemes available for voluntary and community groups in County Durham.

If you are looking for funding for your community group, including sports clubs; local charities; school fundraising groups or credit unions.

Visit www.durham.gov.uk/communityfunding to find out more.

CONTACT US

Please contact a member of the team if you would like any help or information on 07753 779975 (Angelina), 07747 486733 (Tracy) or 03000 268507 (Fiona) or by email at weardaleaap@durham.gov.uk

Your area, your action, your partnership

Email: weardaleaap@durham.gov.uk Web: www.durham.gov.uk/aap

Weardale AAP, Durham County Council, Unit B10, Durham Dales Centre, Castle Gardens, Stanhope, Weardale, County Durham, DL13 2FJ. Telephone 03000 268507