

WEARDALE ACTION PARTNERSHIP E-BULLETIN - JANUARY 2023



Sometimes the e-bulletin becomes quite lengthy with all the information that people would like us to share with you. To try and help you navigate the information, each section is colour coded to help you skip to the areas that are relevant to you as shown below.

In each edition of the e-bulletin you will find information on:

Weardale Action Partnership Meetings and Information

Local community events

Local information

Countywide Information

Job vacancies, Volunteering and Training opportunities

Consultations

Funding opportunities

Thank you to all of you who keep sending us the information for us to put in our e-bulletins.

Please contact a member of the team if you would like us to get any information out to the residents of Weardale on 03000 268507 or at weardaleaap@durham.gov.uk

As always, please feel free to share this information with family and friends and encourage them to add themselves to our mailing list if they find it useful.

BOARD MEETING – OBSERVERS WELCOME

The next meeting of the Weardale Action Partnership Board will take place online on **Thursday 19th January 2023, 6:00pm – 8:00pm.**

If you'd like to attend the meeting as an observer, please email weardaleaap@durham.gov.uk to register.



SMALL GRANTS FUND

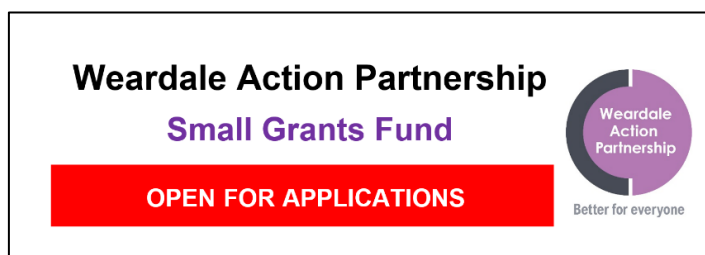
There's still time to apply for funding from the Weardale Action Partnership's Small Grants Fund Grants are available of £500.

The Small Grants Fund aims to help community groups to deliver much needed activities in their local area and has helped over 100 local groups and organisations over the last decade. The WAP Board have allocated £10,000 of Area Budget funding to continue the fund into 2023.

Projects should aim to start no sooner than March 2023 and be complete within 6 months of the start date. No funding can be used retrospectively. The project must also be delivered in Weardale.

If you would like to apply for funding for your group, please contact a member of the WAP team in the first instance by email to weardaleaap@durham.gov.uk

Deadline for applications is Monday 23rd January 2023, 5:00pm.



WARM SPACES

Wolsingham Methodist Church (22 Front Street, Wolsingham, DL13 3DD) will be offering a 'warm space' as follows:

- Mondays from 10am to 12noon.

- There will be spaces for chat; warm drinks; newspapers; magazines; jigsaws; books; family area, or just relaxing.
- Wednesdays from 10am to 1pm
 - as above plus soup lunch

This is a `Churches Together in Wolsingham` initiative. All free, all welcome.

WHATS ON AT ST JOHNS CHAPEL TOWN HALL

thrive
For a better you

Ways to Wellbeing

GENTLE EXERCISE CLASS

1 Hour of Low Level Cardiovascular & Strength Exercises - Suitable For All!

WHEN: THURSDAY @ 11:30 - 12:30 (WEEKLY)

WHERE: ST JOHN'S CHAPEL TOWN HALL


COST: £3 AS OF 1ST APRIL (FREE UNTIL THIS DATE)

Please note booking is currently essential - to book your place please phone 03000 262 539 or email waystowellbeing@durham.gov.uk

Welcome

www.durham.gov.uk/waystowellbeing **Durham**
County Council

**ST JOHNS CHAPEL
INDOOR CARPET BOWLS CLUB**



Upper Weardale Town Hall
Every Wednesday Night

7pm till 9pm

Tea and Biscuits £2.00

All Welcome

COME & HAVE A GO

Weardale Action Partnership
Better for everyone

Upper Weardale Town Hall
St John's Chapel
Charity Reg: No 520590

ST JOHN'S CHAPEL TOWN HALL GYM

OPENING TIMES

| | |
|-------------------|---|
| MONDAY: | 10.00am -11.00am (Private Group) 6.00pm - 7.00pm |
| TUESDAY: | 9.00am -10.00am |
| WEDNESDAY: | 9.00am -10.00am 10.00am -11.00am (Private Group) |
| FRIDAY: | 2.00pm -3.00pm |
| SATURDAY: | 9.00am -10.00am |

£2 per hour, instruction given first visit

For more information and other opening times
Please ring Joan on 01388537606 or email joan.warriner@btinternet.com

Yoga with Astrid

ST JOHNS CHAPEL TOWN HALL ON THURSDAY EVENINGS

5PM CLASS HATHA VINYASA STRETCH

6.30PM CLASS ASHTANGA / HATHA VINYASA FLOW

Please contact me either on 07920 506 345
Or email astridmabbs@aol.com

Upper Weardale Cinema Club

Proudly Presents :




Runtime 1hr 46mins Runtime 2hrs 00mins

6.00 pm cert PG **8.00pm** cert PG

St Johns Chapel Town Hall
Friday 20th January
Cover Charge Adults £2.50 Children £2.00

Membership £2 per year

2022 membership renewable from August 2022 until August 2023

HOLOCAUST MEMORIAL DAY – WARTIME STORIES

Holocaust Memorial Day marks the anniversary of the liberation of the Auschwitz-Birkenau concentration camp in Poland on 27 January 1945. To commemorate, stories of a family's life in occupied Poland and the County Durham men involved in the liberation of Belsen concentration camp will be told during two free events.

The events, organised by Durham County Council to mark Holocaust Memorial Day (Friday 27 January), will feature talks from Durham University professor, Marek Szablewski, and military researcher, Steve Shannon. Professor Szablewski will take to the Gala Durham stage on Holocaust Memorial Day – Friday 27 January – to share the story of his family's life in occupied Poland during the Second World War.

The physics lecturer's father was a Polish resistance fighter, so his Jewish step-grandmother and aunt were hidden from the Nazis during the war. Since being awarded a Winston Churchill Memorial Trust Fellowship in 2011, he has been researching his family history and the journey that brought his parents to Yorkshire.

Professor Szablewski's talk starts at 10:00am and is expected to last around 1 hour and 45 minutes. The event will be supported by Belmont, Framwellgate and Durham Johnston schools which will provide music and performances. To book tickets visit www.galadurham.co.uk/galapost/holocaust-memorial-day.

And from 6.30pm to 7.30pm on Thursday 26 January – the eve of Holocaust Memorial Day – military researcher Steve Shannon will deliver his online talk, 'Never Again, Never'. Hosted by The Story at Mount Oswald, Steve will tell the incredible story of the County Durham men who were involved in the liberation of Belsen Concentration Camp in April 1945.

Using the Durham Light Infantry archive and related collections, the talk draws on records that have only recently been catalogued, providing new insights into those tragic events. The talk will take place live via Zoom – advance booking is essential via the Events section of the Durham Record Office website at <https://recordofficeshop.durham.gov.uk/pgEventResult>.

Both of these events are free, but tickets must be booked in advance.

For further information about Holocaust Memorial Day events in County Durham visit www.durham.gov.uk/hmd.

EATWISE AND EXERCISE IN FROSTERLEY AND STANHOPE

Are you ready to make positive changes to your lifestyle, making healthier choices while enjoying a balanced diet.

Come and join our group – delivered by trained Wellbeing Practitioners – for 8 weeks of FREE advice and support, to find out how making small changes can improve your health and wellbeing.

Frosterley Village Hall - Begins Wednesday 1st February, 9:30 – 11:30am

Stanhope Community Centre - Begins Monday 23rd January, 9:45 – 11:30am

Booking is essential – contact Ellie on 07721 598717 or via email on Eleanor.dhiman@nhs.net

STANHOPE FARMERS MARKET

Stanhope Farmers Market is held on the 3rd Saturday of every month, **10:00am – 2:00pm** in St Thomas' Church Hall, Stanhope.

Stalls include some of the region's best local produce: meat, sausages and pies, cheeses, chutneys, jams, home baked and speciality breads, cakes plus hot drinks and bacon butties and more.



The next market will be held on: **Saturday 21st January 2023**. Find them on Facebook @StanFarmersMarket

ART & CRAFTS GROUP AT ROOKHOPE VILLAGE HALL

Whether you're a beginner, an expert or just like to get creative come along to Rookhope Art & Crafts Group

Rag Rugs – Wednesdays 6:00pm – 8:00pm

Art & Craft – Fridays – 10:00am – noon

£5 or less depending on attendance. Contact Leanne for more information leanne@hippylizard.com

FREE MUSIC LESSONS

Stanhope Silver Band is offering free music lessons for a school term / 12 weeks and free loan of an instrument. The Band has a qualified brass music teacher who delivers the lessons - usually once a week.

It's open to all ages (youngest currently is 4 and adults in their 50's/60's). Once the lessons are complete they hope to encourage people to continue with the band and continue with the lessons.

To find out more email: stanhopesilverband1823@gmail.com

Or Steve Donnelly (Secretary) sd999@hotmail.co.uk

Or Sean Hayes (Chair) seanstrangefish@gmail.com

THE OPEN HOUSE – FROSTERLEY VILLAGE HALL

The Open House at Frosterley Village Hall runs each **Thursday from 10:00am – 12noon**. Everyone is welcome!

FREE WEEKEND SWIMMING SESSIONS

Children and young people aged 18 years and under who live in County Durham can attend selected inflatable and fun sessions free of charge at weekends. Please note that inflatable sessions are suitable for children aged eight and over who can swim 25 metres.

Free sessions are available at Wolsingham Leisure Centre on Sundays 11am-12noon.

For further information (including other County Durham Leisure Centres participating in the scheme) and for Terms & Conditions visit:

<https://www.durham.gov.uk/freeweekendswimming>

HEALTHY START SCHEME

All children deserve a healthy start in life. With the @NHSHealthyStart scheme, you could get help towards the cost of healthy fruit, vegetables, milk, infant formula milk and vitamins.

🍏 Find out if you're eligible by visiting: www.healthystart.nhs.uk

CITIZENS ADVICE HELP TO CLAIM SERVICE

The Citizens Advice Help to Claim service can support you in the early stages of your Universal Credit claim, from the online application, through to support with your application before your first full payment.

It's a free, independent, confidential, and impartial service provided by trained advisers from Citizens Advice. They can help with things like how to gather evidence for your application or how to prepare for your first JobCentre appointment.

Call for free: 0800 144 8 444 (England)

Email: Help-UniversalCredit@citizensadvicecd.org.uk

Get support online, including via webchat, at www.citizensadvice.org.uk/helptoclaim

THE OPEN HOUSE

Need a change?
Want to make friends?
Want to find out what's going on in the Dale?

Why not come for COFFEE at Frosterley Village Hall?

Thursday mornings 10 - 12

EVERYONE WELCOME!

Refreshments
Newspapers
Magazine and book swap
Games

Want more information?
Please call Joyce on 01388 527532 or email: joycejoyce@gmail.com

Organised by Frosterley WI
Charity Number 1010819

FLOOD WARNING SERVICE

Are you signed up to the Government's free Flood Warning Service? Residents and business owners are encouraged to check if they live or work in an area covered by the service, you can choose to receive flood alerts via text, email or telephone.

Sign up via the following link: <https://www.gov.uk/sign-up-for-flood-warnings>

JOB VACANCY – MENTAL HEALTH PARISH NURSE VACANCIES



2 x Mental Health Parish Nurse Vacancies (Part Time)

Hours per week: 25

Salary £16,500 pa (actual salary)

Location: Durham Dales

Closing Date: 10th February 2023

Durham Dales Parish Nursing is looking to employ 2 x **NMC Registered Mental Health Nurses** in paid positions to lead their new Parish Nursing Service. This innovative service is provided in partnership with Parish Nursing Ministries UK and aims to improve and maintain the wholistic health and wellbeing of local people.

The parish nurse role includes:

- General health education
- Personal health screening, mental health support and referral
- Advocating for individuals and mental health more widely.
- Acting as mental health navigator and resource
- Providing spiritual care
- Leading the service alongside trustees and other staff
- Liaising with other local services and voluntary groups
- Supporting the wider health, safety and risk management of churches and congregations in the area.

Current registration with the Nursing and Midwifery Council (NMC) is essential and support for revalidation is provided.

The person will be required to undertake formal role preparation and to offer spiritual care and Christian prayer when requested (it is therefore a Genuine Occupational Requirement for the applicant to be a Christian).

For more details contact maddy.fisher@durham.anglican.org

JOB VACANCY

DURHAM WILDLIFE TRUST – CONSERVATION OFFICER

Role: Conservation Officer (People for Nature)

Background:

This is an exciting new role within Durham Wildlife Trust's Conservation Team and is funded by Zephyr Charitable Trust. The successful candidate will be playing a vital part in delivering the Trust's ambitious new 2030 Strategy.

Over the course of the three-year fixed term contract, the role holder will:

- increase the Trust's capacity to deliver for nature's recovery through investing in people.
- work directly with conservation trainees and volunteers to develop their practical skills and knowledge.
- provide people with greater appreciation and understanding of nature's needs so that they are better able to take action to address its decline.

Location: Based out of Rainton Meadows (DH4 6PU) or Low Barns (DL14 0AG), the post holder will operate across the Durham Wildlife Trust region from Tees to Tyne.

Tenure: 36 months

Hours of Work: This is a full-time post. A normal working week is 5 days equating to a 37 ½ hour working week. One weekend day per week will be required. Occasional evening work will be required.

Salary: £25,000 to £27,500

Deadline for applications: Sunday 22nd January 2023, 11:59pm

Interviews: Will take place week commencing 30/01/2023

Applicants should submit a completed application form (available from our website) along with a covering letter to: jobs@durhamwt.co.uk **Full details of the role are in the Conservation Officer job pack which can be found on our website: [Conservation Officer \(People for Nature\) | Durham \(durhamwt.com\)](https://www.durhamwt.com)**

TRAINING OPPORTUNITIES AT UTASS

Emergency First Aid at Work – Friday 3rd March (9am-5pm)

This is a one-day course suitable for work in a low-risk environment or where the first aider will be responsible for a small number of people. Continuous practical assessment is undertaken throughout the course, followed by a 10 question multi-choice test. On completion, the certificate is valid for 3 years.

Cost: £70 +VAT, subsidised places are available for qualifying participants who work/live in Weardale.

Basic Mental Health Awareness – Thursday 9th February (9am-12pm)

This 3-hour course is suitable for anyone who has not done any mental health awareness training previously. The course aims to improve your basic awareness of mental health, to help you recognise the signs of poor mental health and how to support people to improve their mental health.

Cost: Free

Both courses are held at UTASS, Middleton-in-Teesdale. For further information or to book a place on either of the above courses, please contact Julia on 01833 641010 or julia@utass.org

VIRTUAL FUNDING INFORMATION SESSIONS FOR 2023

Durham Community Action are delighted to welcome a range of funders and grant-giving organisations who have kindly offered to run a series of virtual funding information sessions for representatives of voluntary and community groups across County Durham.

Information will be given on the various funds they have available, how to apply and there will be an opportunity for you to ask questions. To find out more about the sessions available and for information on how to book, visit <https://www.durhamcommunityaction.org.uk/current-training-and-events>

BELIEVE HOUSING – KEEP WARM, KEEP WELL COMMUNITY FUND

believe housing have changed the direction of the grants scheme, so the cash can go directly to County Durham projects that address the rising cost of living. Affordable housing provider believe housing has temporarily closed its community grants scheme, so the money can be used for a new Keep Warm, Keep Well community fund.

Not-for-profit groups in County Durham can apply for £500 towards new initiatives, or to sustain existing activities, that will support people this winter. Community groups must meet certain criteria to receive a grant, but the range of projects the Keep Warm, Keep Well community fund can support is varied. For example, a grant could help pay for activities or refreshments at a Warm Space venue or food for a Christmas event, lunch club or meal delivery. Funding could help an organisation provide essential items for people at home, such as blankets, hot water bottles and flasks, or to offer energy efficiency advice. The money could be used to support a foodbank, clothing bank or community pantry, or help a group buy a community washing machine or fridge freezer.

Further information about believe housing's new Keep Warm, Keep Well community grants can be found on our web page [community funding | believe housing](#) or contact our community investment coordinators CommunityGrant@believehousing.co.uk

FIND FUNDING FOR YOUR COMMUNITY GROUP

There are hundreds of funding schemes available for voluntary and community groups in County Durham from EU, national, regional and local sources.

If you are looking for funding for your community group, including sports clubs; local charities; school fundraising groups or credit unions.

Visit www.durham.gov.uk/communityfunding to find out more.

CONTACT US

Please contact a member of the team if you would like any help or information on 07753 779975 (Angelina), 07747 486733 (Tracy) or 03000 268507 (Fiona) or by email at weardaleaap@durham.gov.uk



Your area, your action, your partnership

Weardale AAP, Durham County Council, Unit B10, Durham Dales Centre, Castle Gardens, Stanhope, Weardale, County Durham, DL13 2FJ. Telephone 03000 268507

Email: weardaleaap@durham.gov.uk Web: www.durham.gov.uk/aap